

Pool 1		Pool 2		Pool 3		Pool 4	
Edinburgh AC	B	Haddington RC	A	Corstorphine AAC	A	Lasswade AC	A
East Kilbride AC	A	Airdrie Harriers	A	Inverclyde AC	C	Kilbarchan AAC	A
		Perth Strathtay Harriers	A	Falkirk Victoria Harriers	B	Pitreavie AAC	A
Ayr Seaforth AC	A	North Uist AAC	A			Moray Road Runners	A
Giffnock North	A	Springburn Harriers	A	Giffnock North	B	Giffnock North	C

Pool 5		Pool 6		Pool 7		Pool 8	
Musselburgh &D AC	A	Harmeny AC	A	Edinburgh AC	A	Harmeny AC	B
Inverclyde AC	B	Inverclyde AC	A	East Kilbride AC	B	Kilmarnock H&AC	A
Cumbernauld AAC	A	Pitreavie AAC	B	Falkirk Victoria Harriers	A	Central AC	A
Ross County AC	A	Inverness Harriers	C	Inverness Harriers	A	Inverness Harriers	B
Whitemoss AAC	A	Shettleston Harriers	A	Springburn Harriers	C	Springburn Harriers	B

